

DATES TO REMEMBER

Wednesday 17th May
NDIS Information
Exchange Meetings—
Bookings required

Tuesday 30th May
School Photo Day

Friday 9th June
Student-Free Day—No
students to attend
school on this day.

Monday 12th June
King's Birthday Public
Holiday

Friday 23rd June
Last Day of Term 2—
Students dismissed one
hour earlier

Monday 10th July
First Day of Term 3

Tuesday 1st August
NDIS Information
Exchange Meetings—
Bookings required

**Friday 15th
September**
Last Day of Term 3—
Students dismissed one
hour earlier

Monday 2nd October
First Day of Term 4

Monday 16th October
NDIS Information
Exchange Meetings—
Bookings required

**Tuesday 7th
November**
Melbourne Cup Public
Holiday

Friday 24th November
Student-Free Day—no
students to attend
school on this day.

BAYSIDE BULLETIN

ISSUE 05



Bayside
Special
Developmental
School

10 MAY 2023

***Thank you to those who
attended and assisted to make
our school community open day
successful***

Bayside SDS Acknowledges the Bunurong Peoples' of the Kulin Nation as Traditional Owners and Custodians, and pays respect to their Elders past, present and emerging

Principal's Report

Welcome Back for Term 2



Welcome back to all our students, and their families, for term 2. Term 2 is a nine week term with the last day of this term being Friday 23rd June. Also, a big Bayside SDS welcome to Keshav and his family who have started at the school this term. Keshav will be joining the class in room N1.

Pupil-Free Day



The next pupil-free day will be Friday 9th June. There will be no school for students on this day.

School Opening



On Saturday the school held its community open morning. Despite the inclement weather, the event was well attended with more than 150 attendees estimated during the

morning, including present and past students and their families, past and present members of staff, members from the local community and members of Brighton Kiwanis and the Brighton Freemasonry Lodge.

A huge thank you to Baker's Delight, at Thrift Park Mentone, for donating the bread, and to Thrift Park Mentone Butcher, Scotch and Fillet, for giving the school a special price on the sausages.

The event began with a smoking ceremony and a welcome to country by Bunurong elder Shane Clarke. This was followed by a ribbon cutting ceremony by local member Nick Staikos and then a magic bubble show. Also available throughout the morning was an animal petting farm, face painting by former member of staff, Carolina Ayala, a yummy sausage sizzle and a special visit by Highett fire brigade.

Thank you to members of staff Bec McGowan, Cheryl O'Leary and Gloria Todd who organised traffic control

during the morning, Marshall Brown who assisted to set up the marquee and the animal farm, Tania Castro Millas who conducted tours and looked after Nick Staikos, Marion Lukies, Neena Pillai, Natasha Kaboukos and Anouk Piso who did a stellar job cooking and serving sausages and drinks, Karryn Bowen who organised the face painting, Tiana Storti and Emily Challis looked after the performer and set up the bubble show and Cheryl Wade who quietly and efficiently assisted in the background with everything.

Working Bee



Since our last newsletter the school held its first working bee for the year during the Saturday before the last week of term 1. We had over 20 helpers on this day which included a mix a mix parents and siblings, staff and/or their spouses, members of Brighton Kiwanis and a large contingent from the gather my lodge team of freemasons who do voluntary back yard blitz sessions in the local community.

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4 Genoa Street, Moorabbin, 3189

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A fantastic amount of work was performed on this day with the car park being levelled to eliminate the puddles, the central courtyard weeded and replanted with compost and mulch added, the gardens adjacent to the oval area weeded and the soil improved with compost and mulch and grass seed added to the new areas.

I must say that the school was looking fantastic for the community open morning after the team's hard work.

New Signage



During last month, new signage has been installed onsite highlighted in the school livery which was designed by former school council president Meera Nadu and her husband Julian Pang. There have been nine new signs installed onsite – I wonder if you can find them all?

COVID-19



Unfortunately, the

latest round of COVID-19 has hit the school with several members of staff and some students testing positive during the last week. Through good luck and great work by Cheryl Wade in organising replacements, the school has managed to keep its structures going; however I fear that as the term progresses that this will not be sustainable at the current levels. I am pleading with families to not send your child to school if they have any symptoms to assist us to both, manage the spread of COVID-19 within the school, and to ensure that the school can continue to operate normally.

Hydrotherapy Works



Works on the hydrotherapy centre began in earnest during the school holiday break, and continue as I write this article. Thus far the pebble mix tiles have been removed and disposed of, which means that the school is now officially asbestos free, battens have been installed and new colour bond cladding added to

the building. This week, depending on the weather gods, the flashing, corking and painting of fascia boards will be completed with the new footpath concreting to follow. The plant equipment will then be tested and replaced if required and we will then be free to start hydrotherapy again.

Equipment Hub



Did you know that Bayside SDS has an equipment hub onsite? The equipment hub accepts any specialised equipment, which your child has outgrown or no longer uses and any school uniforms in good repair which can be donated/ borrowed for other families to trial and use whilst awaiting repairs or NDIS funding and equipment provision. The hub is operated by parents and will be open next, on Tuesday 30th May 9:00am – 10:30am. Please see notice attached to this newsletter for further details.

Michael Pepprell
Principal

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Assistant Principal's Report

School Photographs



School photos will be taken on Tuesday the 30th of May for all staff and students.

Order forms will be sent home prior to the day. You are welcome to return these prior to the 30th, or alternatively, complete your order online.

If you have not sent your order to school prior to the 30th, you will need to place your order directly with the company.

New Research to Advance Safety for Children with Disabilities on our Roads



Does your child use a speciality harness/ vest when travelling in a motor vehicle? Mobility and Accessibility for

Children in Australia Ltd (MACA) is seeking your valuable feedback. Please complete this 10-15 minute survey to share your family's experience of using these products, and go into the draw to win one of ten \$100 vouchers. The survey is part of a two-year research project to improve knowledge about harnesses and vests, and how they are used. The outcomes of this work will help to develop information and recommendations to guide harness/vest use for children.

MACA is leading this Austroads project (2022-2024), in partnership with The George Institute for Global Health, and the study has been approved by the UNSW Human Research Ethics Committee (HC220818).

MACA is a not-for-profit charity dedicated to advancing the rights of children with disabilities and

medical conditions to safe and accessible transport.

Survey link: <http://bitly.ws/Bbrm>

More information: <http://bit.ly/3XR3g1z>

New Teen Program



BEAT-D is a new program for teens with an intellectual disability aged 12-17 who have emotional difficulties, including anxiety, sadness, sleep difficulties, and irritability.

The program focuses on engaging teens in meaningful and enjoyable activities, which has been shown to benefit mental health and wellbeing.

BEAT-D is being piloted by Monash University in partnership with Monash Health. To find out more email:

beatd@monash.edu

Tania Castro Millas
Assistant Principal

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EEP ~ Llywela & Carly

It was lovely to see the EEP students return to school after the term holidays with gleaming smiles of happiness and excitement upon seeing staff and peers.

At the end of last term, the students began to explore our current play theme of blocks, experiencing Duplo, magnetic, wooden and Mega blocks. This term, the arrival of a long-awaited delivery has extended the student's block play to include large soft blocks,

allowing construction and gross motor exploration and play to combine – perfectly timed for wet weather indoor play!

Will used his problem-solving skills to determine how to move the extra-large soft shapes on his own, orientating them so he could climb on top of them.

Isaac practised his balance and co-ordination gross motor skills, walking up the wedge

and down the steps, many times over.

Layla turned the tepee into a dark den, placing light-up toys inside, crawling in and shutting the door behind her.

Kuri returned to the magnetic tiles, creating bigger and more detailed structures without assistance.

We look forward to seeing what creations emerge from E1 next!

Room E5 ~ Ka Ling & Danielle

Hello everyone! Welcome back to Term 2! The weeks have gone by so quickly and we are in Week 3 of Term 2.

This term, we have started with a new shared reading book called "Flashing Fire Engines". This book has been very well received with all the students—looks like we are all big fans of fire engines!

As we read through the book, we present questions which allows students the

opportunity to engage with various props and make comments. When we asked, "Which part of the fire fighter's uniform would you like to try on?", the boots were a popular choice! Yuki and Oscar both enjoyed trying on the boots. Patrick and Yuki would even seek out the boots, outside of story time to put their feet in! Sam and Patrick loved exploring the fire engine toy that made the siren sounds. Patrick

does a fantastic job waiting for his turn to explore, and will show anticipation that it will be his turn soon! Again had the choice of the coat and the helmet—he chose the coat! It has been lovely to see the engagement during our shared reading sessions!

I am finalising the E5 Term 2 Timetable. It will be sent home soon. Thank you for being patient with me!

Room E6 ~ Cheryl & Alina

Welcome back to term 2!

Now you have heard about 'Going on a bear hunt' where the bear chases the family back home. In E6 this term, Naila, Nicholas, Jack, Mamoud, Mitchell and Taiga are all going on a hunt. This story is not about an ordinary hunt. This hunt has a wombat, dog, snake, turtle, Tasmanian Devil and a Cassowary not 'going over' or

'under', but 'through' hot sand, a swishy river, and large rocks to find two googly eyes, scales and sharp teeth—AHHH a CROCODILE! We have introduced a few props along the way, however choosing an animal to go "Splish, splash" in the river has been enjoyed by all students, especially the part covering their chosen animal toy with water from a spray bottle. In some cases lots

and lots of water, including a few miss squirts, over teachers!

During the first week, Nicholas received the BUGS award for term one and celebrated his birthday too! Congratulations!

Also, well done to Jack and Naila who completed their first term of school at Bayside.

Room N1 ~ Cara, Gemma & Marshall

Welcome back to term 2! This term in N1 welcomes a new student—Keshav! Another boy to add to our bunch of boys!!! Keshav has settled in very smoothly into the bayside routine, and always has a smile on his face. Welcome to Keshav and his family to the Bayside community.

Franco returned to us later last week after have an extended holiday in Thailand. He was very excited to show us all his videos and photos from his lovely trip with his family. A highlight was that he and his sister were able to wash the big

elephants! The boys missed Franco and were very happy to welcome him back.

We have all started to settle into our routines as we welcome a few changes and new faces. Emily (OT) is now joining us Tuesday's for self-care and bike riding, and Em (Speech) is joining us Wednesday afternoons for Communication in play; where we are focusing on turn taking and waiting our turn with lots of fun games.

Archer, Dylan and Franco have joined the Bayside basketball team each

Friday morning; where we travel to Casey indoor stadium to compete against other special schools. The boys have really enjoyed their new roles on the team!

James and Aiden get to do their favourite thing—music and movement in W1, and have been happily showing us their new dance moves whilst making some new friends in the other class.

We look forward to another busy, yet fun, term in N1.

Room N2 ~ Abigail, Aura & Anouk

Each fortnight, not only do N2 add photos and an article to the newsletter, we are also in charge of getting the printed copies ready to send out to families and other members of the Bayside SDS community. We create five stations in the classroom, with a visual support for the students to identify the task and where they will be working. Last time Sidra kicked off the process by putting

stamps onto the envelopes, handing them on to Rosie who was in charge of adding the address labels. Tom and William showed great focus putting the folded newsletters into the envelopes. Jordan thought she would have a break and take one of the newsletters out for a quick read before being supported to pop it back in. Christopher helped count the newsletters into the class

folders, ready to send home to families. Sam was in charge of gathering up the filled folders for classes, and the sealed envelopes to deliver back to Cheryl in the office. This fortnightly production line will allow the students to work on their abilities to follow a routine, cooperate with others, and grow their independence in completing a task. Great team work N2!

Room N3 ~ Tiana, Neena, Jacqui & Natasha

No report due to staff illness.

Room W1 ~ Kate & Mel

No report due to staff illness.

Room W2 ~ Gloria & Janine

No report due to staff illness.

Room W3 ~ Charles, Marion & Paddy

The weather has definitely shifted into something more autumnal, but, where we can between showers, we have persevered with getting out to ride bikes, exercise and get some fresh air. We have also been delivering fliers for the Open Day to the houses in the streets close to the school.

In class we have been enjoying the book, 'Too Many Elephants In The

House'. It's given lots of opportunities to ask questions and choose suitable answers: 'What animal would you like to have in your house? A monkey, a cat, a fish, or something else?'; 'Do you like to have a bath?'; 'Did you enjoy the story?'

We've been lucky to have Gabby, a pre-service teacher, with us for the current fortnight, and then again in

June. Gabby has been working with the class on a visual arts project.

In our personal care program, the funniest part continues to be the application of deodorant (ticklish), the toothiest part continues to be teeth brushing, and the most relaxing part continues to be hair brushing. Great work, W3.

Room W4 ~ Lulu & Mark

Hi everyone and welcome back to Term 2!

The W4 crew have come back happier than ever ready to tackle the term ahead. We are very lucky in W4 that three of our students attend RDA on Monday, and one student is part of the Bayside basketball team.

On Monday mornings Kate, Theo and Reuvi head off to RDA Moorabbin.

Kate rides Midnight, and is always happy to see her horse and staff. Kate is gaining confidence in these sessions, happily holding onto the reigns and following staff direction.

Archie is always excited when he sees the RDA signs, letting out a cheer followed by clapping. Archie is crossing his midline to get a ball from RDA staff before throwing it into the basketball hoop!

Reuvi is always happy heading off to RDA and is even trotting with his horse. Reuvi's smiles on the horse can be seen from a mile away!

On Friday's our very own W4 basketball superstar, Theo, heads out with the rest of the basketball crew to play at Casey Stadium. Theo is fond of the bus ride and sitting next to different peers. Theo has started throwing the ball and running up and down the court with his team.

Bayside SDS Values:

Teamwork—Working in teams offers a greater sense of belonging. By emphasising the value of teamwork and the importance of collaboration we achieve better outcomes for our students.

Respect—Respect means that you accept somebody for who they are, even when they are different from you or you do not agree with them.

Respect in your relationships builds feelings of trust, safety, and wellbeing.

Opportunity—We are committed to providing services, resources and encouragement that equip students and families for better outcomes, new futures, new hope and dignity.

Compassion—Compassion means temporarily suspending judgment so that you can appreciate others' perspectives or situations when they are different from your own. To be compassionate you need to be genuinely concerned about the other person or people's needs.

Community—Respect for the rights, differences, and dignity of others. Honesty and integrity with all members of the community. Accountability for personal behaviour

Occupational Therapy Report—Emily Challis

All Things Chewing!

Intro:

The oral sensory system is one of the crucial systems of our physiology. This system does not just help us with the sensation of taste but also, acts as an important feedback mechanism for our oral motor input.

When this system works efficiently, children can eat a variety of foods with different flavours and textures. They can also participate in oral hygiene routines without any difficulties and are able to self-regulate and concentrate, without seeking the help of additional oral motor input or chewing.

However, this is not the case for every child because they cannot process all the oral information efficiently and as a result, they need some help in this department. Oral sensory seeking is the function that children resort to when they continue chewing on things or putting things in their mouth when they are well past the age of 2 years.

Chewies:

Chewy tools provide an effective way to increase children's oral sensory buckets! They are usually hospital grade silicone for hygiene purposes. Occupational therapists use/recommend chewies to provide calming, organising, tactile and deep pressure proprioceptive input in special education classrooms, therapy settings, or for home use. Chewies are great for providing oral sensory stimulation for sensory seekers who grind their teeth, bite, or chew on their clothing, hair, and pencils. Chewies are often provided alongside other sensory strategies (please see below). Sensory and oral motor needs are constantly evolving and require constant review.

Each type of chewy provides different sensory inputs. For example, a chewy which is textured provides more proprioceptive input, whereas a smooth chewy is more commonly prescribed for mild chewing, individuals with low oral tone, or individuals with limited jaw strength just learning to bite and chew.

Common chewies:



Chewy Tubes

Grabber (textured & smooth)

Tough Bars

Tubing

Reasons a child might need a chewy:

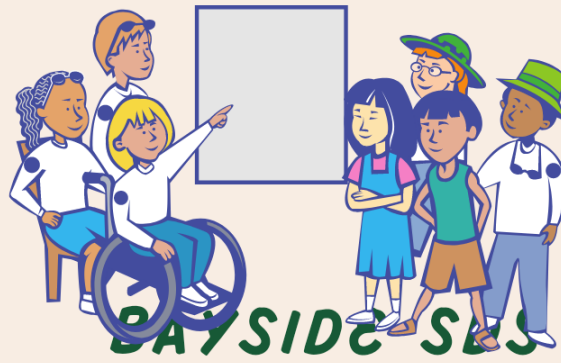
- ◆ Mouthing non-food objects
- ◆ Biting/chewing non food objects
- ◆ Playing with water/saliva in mouth
- ◆ Over filling mouth when eating
- ◆ Grinding teeth
- ◆ Biting self/others/objects
- ◆ Shows strong preference for certain foods

Things to try alongside a chewy:

- ◆ Increasing crunchy foods throughout the day (crackers, popcorn, carrot and cucumber sticks, apple, dry cereal, pretzels)
- ◆ Encourage child to drink through a straw
- ◆ Blow pom poms along a table with a straw
- ◆ Kazoo
- ◆ Blowing bubbles
- ◆ Frozen grapes (cut in half)
- ◆ Crunch on ice in the warmer months

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Equipment & Uniform Hub

*COME AND JOIN US TO VIEW THE FREE EQUIPMENT ON OFFER
STAY FOR A CUPPA AND A CHAT*

ON TUESDAY 30TH MAY 9AM -10.30AM



*FOLLOW THE SIGNAGE FROM THE PARENT CAR PARK, THROUGH THE ROLLER
DOOR IN THE NEW PART OF THE SCHOOL*

**Check out our Facebook group to view some of the
available equipment.
Search: Bayside SDS – Equipment and Uniform Hub**