### DATES TO REMEMBER

#### Wednesday 26th October

Student-Free Day—no students to attend school on this day.

# Friday 28th October

World Teacher's Day

# **Tuesday 1st November**

Melbourne Cup Public Holiday

# Thursday 8th December

Student Graduation— 3pm, Jan Lake Centre

# Monday 19th December

Last Day of 2022 School Year for Students

# Tuesday 20th December

Student Free Day—SSG Meetings



# Web: www.baysidesds.vic.edu.au

# Bayside Bulletin

Bayside SDS Acknowledges the Bunurong Peoples' of the Kulin Nation as Traditional Owners and Custodians, and pays respect to their Elders past, present and emerging

#### **Principal's Report**

Welcome Back to Term Four



Welcome back for term four 2022. The weather is warming up and in between downpours we have finally had some sun. It won't be long before we are complaining about the heat, so don't forget to pack a hat and sunscreen for you child. This term will see the school soon take occupancy of the new building which will house specialist programs for our students. The areas will include a therapy area (including Theraplay), art room, multisensory environment and a home crafts room. This term we are

forward to school assemblies and an onsite end of year Christmas concert.

#### **Building Program**



After over a year of works punctuated by delays for asbestos removal, industry shut downs for COVID-19. cost blow outs. material supply, changes of materials, worker illness, worker shortage and weather, weather and more weather. The building is finally finished and nearly ready for hand over once the occupancy permit is finalised. The extension of the car park is also now finished and available for use. The bus turnaround should come online at the

end of the week

pending the completion of the skip bin area and the landscaping completion. The landscapers will also continue with a maintenance program until Christmas as part of their contract.

#### Dr Mark Barber Retirement Function



Last Thursday, the school held a retirement function for long term member of staff Dr Mark Barber. The event was attended by current members of staff, former staff members and invited guests. It was great to catch up with some familiar faces and reminisce on former times. We wish Mark and his wife Andrea all the best in retirement.

also looking

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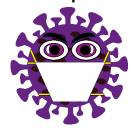
#### Visit by Nick **Staikos**



Local member and friend of the school Nick Staikos, is paying a visit to our school to present the Lorraine Francis Award for 2022 to one of our students. Nick is presenting this award earlier this vear as from November 1<sup>st</sup> the incumbent government enters a caretaker period leading up to an election and in the event he is not reelected. The award will be presented at a school assembly to be held at 2:00pm-2.30pm either in the gym or outside in the centre courtyard (weather dependent) on Friday October 21st. All members of the school community

are invited to attend.

#### **COVID Update**



The Victorian Government has announced the end of the Pandemic Declaration and associated Pandemic Orders. The following settings, based on advice from the Department of Health, will apply from 11:59pm Wednesday 12 October 2022.

It is strongly recommended that students:

- who test positive to COVID-19 stay home and isolate for five (5) days;
- should not attend school after five (5) days if still symptomatic;
- who are

symptomatic but have not tested positive should not attend school;

 advise the school of the COVID-19 positive test result;

Where students become symptomatic at school they should:

- be collected by their parents/ carers;
- undergo testing for COVID-19.

The current mandatory vaccination requirement for staff and visitors, contractors and volunteers working in specialist schools will cease to apply from 11:59pm Wednesday 12 October. COVID-19 vaccination, including booster doses, continues to be strongly recommended for all school staff.

> Michael Pepprell **Principal**

Email: bayside.sds@education.vic.gov.au Web: www.baysidesds.vic.edu.au

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# Assistant Principal's Report

#### **AAC EXPO**





Looking for ideas for the use of AAC at home?

You are welcome to join us in the Jan Lake Centre on Friday between 9:30am – 10:30am.

We will be showcasing a sample of the AAC options commonly used throughout the school. Please ensure you RSVP via Seesaw. If are unable to attend, but interested in learning more about AAC, please ask your teacher for a copy of the handouts.

#### **2023 Bus Service**



Thank you to all families that have submitted a request for the bus service. Unfortunately, a number of families returned the form without completing the Travel Plan. A completed travel plan is mandated for all bus users. I will return incomplete forms to families as required, and ask families to please return them by the 18<sup>th</sup> of October, All documentation will be supplied to the bus company on the 18<sup>th</sup> of October to allow sufficient time to map out the routes and seek permission from the DET transport unit to proceed

with the planned routes. Families will be notified of pick up and drop off times once the aforementioned steps are confirmed and finalised.

Tania Castro Millas Assistant Principal

# EEP ~ Llywela, Cara & Natasha

Throughout last term, our literacy focus was The Three Billy Goats Gruff, and by the end of the term, the students were all thoroughly enjoying creating dramatizations of the story. The students would nominate which character they would like to play, and using stick puppets, would play their part, with some reciting lines from the story, complete with a character voice.

The end of last term also saw the arrival of several new resources, which the students have been busy exploring.

Outside, a two-person tricycle has captured Xavier and Felix L, encouraging them to work as part of a team and sparking the emergence of new conversations and negotiations when communicating with each other

Inside, a stacking, spinning toy has been enjoyed by all of the students, but has become a daily play request from Felix G. With each turn fast to perform and with satisfying results, the spinner has been great for practising sharing, waiting and turn taking.

Finally, Happy 4<sup>th</sup> Birthday to Isaac and 5<sup>th</sup> Birthday to Ivaan! We hope you both enjoyed your special day.

# Room E5 ~ Carolina & Anouk

Welcome back to Term 4! It's great to have our crew back for the final term and they have come back so settled and happy to be at school

This term we started to explore the book: "Maybe a Bear Ate it!". It's a story about a cat and a book which gets lost before bedtime. The story line explores who and what happened to the book, and we are getting to

know the characters with props and toys. Taiga thought it was funny that the shark swallowed the book and hid the book under his t-shirt, following staffs' dramatic role play. Alghifari answered some simple questions about the book and commented that he liked to read before bed.

Nicholas is continuing to explore different movement-based equipment, but is

especially showing a new found interest in climbing up the stairs in the junior playground and is starting to negotiate his way down by holding on to the rope. Mitchell has joined us back at school and is enjoying familiar routines including circle time, playful interactions with staff and following routines with support. It's great to have Mitchell back on board!

# Room E6 ~ Cheryl & Danielle

At the end of term three, we celebrated footy day by wearing our favourite team colours, and participated in the SaintsPlay session in the gym. Joining the other junior classes, E6 marched to the beat of some catchy footy themed music before meeting everyone in the gym for our clinic. There were lots of footballs to

kick, drop, roll, catch, throw and mark!

Our class story has begun with a disgruntled bear who is chasing a little boy called Bertie. Now, don't worry, Bertie had help along the way with his family coming to the rescue playing all sorts of instruments – very loudly! Aiden, Oscar, Franco, Sam,

and Patrick also get to help make a big noise during the story with our very own instruments. Aiden likes the tapping sticks; Patrick likes the maraca, Oscar likes the drum, Franco likes the gong and Sam likes the clapper. Together we all made an INCREDIBLE sound!

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# Room W1 ~ Kate, Bridget & Jacqui

Welcome back to school everyone! We hope you all had a lovely break and are settling in back to school. The W1 group wanted to tell you about their time at the park this week.

We went on a walk to the park. We ate our morning tea then we played on the playground I had lots on with my friends. Typed by Will At the playground I went on the spinning cup with tom . I liked making it go really fast.I was fun getting to go on a walk to the park.typed by Adam.

I had fun walking to the park. I went on the Swing. Typed by Maddie.

I went on the see-saw with Kate and I walked with Will. Typed by Tomn

Our friends fromm N1 came with us to the park. I went on thhe swing and danced to music. Typed by Jordan

# Room W2 ~ Ka Ling & Neena

Welcome back to Term 4! It has been nice to have some odd sunny days! We started Term 4 with a birthday celebration for Neena! Happy Birthday Neena! We had some party games before singing "Happy Birthday" to Neena and enjoying a cupcake and snacks.

I trust that families have received the timetable and

noted the changes for this term. This term, we will run a science program on Friday's. For the first few weeks, we will be learning about volcanos! This fortnight, we listened to a song and facts, before watching a video model of our volcano experiment.

Dylan and Sidra did a great job moulding the playdough over

the cylinder to look like a volcano. After that, Archer's steady hands poured the vinegar into the cylinder, before James tipped in the baking soda. Everyone watched in awe as the reaction erupted out of the volcano! I look forward to more fun science experiments throughout the term.

# Room W3 ~ Karryn, Aura & Sara

Everyone has come back for the final term happy and relaxed.

New building blocks purchased for the West wing playground have been an exciting addition to outdoor recess with Archie, Sam and Kate keen to explore them. Naturally building them up to knock them down and hear them clatter on the concrete has been lots of fun.

The letter **H** was the sensory phonics focus last week, and with only this term left of 2022, we have moved to doing one letter a week to get through the alphabet. Lachy, Michelle, Sam and Archie all liked the taste of hommus, and seeing themselves wearing a hat like Woody from Toy Story delighted Sam, Lachy and Archie. This week we are working on the letter **I**. I wonder

what the reaction to ice, icing and ice cream will be?

It has been an unusual start to the term with Karryn only in the classroom two days last week, although she has been onsite every day! Aura and Marshall have been re-establishing familiar routines and CRTs Melissa and Christine and been great at following the program. Thank-you!

# Room W4 ~ Abigail, Mark & Marion

Looking back to the end of last term, we couldn't miss sharing pictures of W4 enjoying the Footy Colours Day! Annabel looked fabulous dressed up in her Carlton gear — even bringing a little teddy in tiny jersey to share! Ellie welcomed the singing of the St Kilda anthem as she paraded in the playground in her team colours. Teammate, Charlotte, preferred the anthems being blasted out

on the portable speaker. After morning tea we all headed to the gym to join the SaintsPlay incursion. Bella lined up and took her turn practising her handpassing and showing us how tall she was reaching up for the ball. Theo enjoyed watching all the footy antics and laughed as we did some passing with him on the floor. Jay enjoyed the incursion, moving around the space dodging flying

balls! He participated in passing the ball back and forth with a partner. We continued the footy fun in the playground at recess – passing and kicking the footy ball and celebrating the last day of term together. It all seems like a long time ago now – but we hope you enjoyed the Grand Final weekend in the holidays!

# Room N1 ~ Lulu & Paddy

Hi everyone, and welcome back to Term 4. It's been so lovely to hear of all the school holiday adventures and see everyone looking so relaxed ready for another term.

The N1 boys have gotten straight back to business since returning from holidays. Our book for the fortnight has been 'Choo Choo Clickety-Clack!' The boys love the transport theme, and particularly enjoy the videos during the story. Luca likes the trains and the cable cars the most. Ronny thinks motorbikes are loud, fast and fun, whilst Vignesh enjoys the race cars and motorbikes.

The N1 boys are also excited to start their community access

alongside some of the students from W1. We will be going to the park and taking our morning tea to eat after a play. During week 4, the N1 boys will also be going to the local café, Baby Eggs, and working on ordering some drinks.

We look forward to reporting on this later in the term.

# Room N2 ~ Carly, Nicole, Janine, Sharran & Jacqui

It is so exciting, yet scary to begin term 4 of 2022. A full year of attending school which we haven't seen for two years makes it all the more busy, sometimes tiring, and all the more enjoyable to finish the term well.

This term, N2 looks forward to maintaining interest and engagement during programs such as cooking, occupational therapy movement and fine motor small group work, emotions and zones of regulation explorations, individualised work on literacy and numeracy, shared reading, basketball training, games during recreational break, step it up, and all the fun conversations and morning circle meetings we have each day.

Nicole has been filling in for Charles while he has been away this past fortnight, but he will be back to hold fort at the end of the week, next week. Thank you Janine, Sharran and Jacqui for supporting the class so brilliantly when someone new learns the ropes.

Coming up in the later part of this week, we are celebrating a milestone birthday of one of our students, Carla. Big 18! How incredible it will be to share a party and hear about celebrations with your family from the weekend. Happy Birthday, Carla.

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# Room N3 ~ Gloria & Mel

Welcome back to Bayside for Term 4. Hard to believe it's creeping up to Christmas already ...

All students seemed happy to return last week, and it was great, as always to see their happy faces.

This fortnight we have been reading the sing song book "Cows in the Kitchen", and having fun with the animal noises and activities.

We also celebrated Alessandro's 13<sup>th</sup> birthday on Friday with some of our other senior friends.

# Bayside SDS Values:

Teamwork—Working in teams offers a greater sense of belonging. By emphasising the value of teamwork and the importance of collaboration we achieve better outcomes for our students.

Respect—Respect means that you accept somebody for who they are, even when they are different from you or you do not agree with them.

Respect in your relationships builds feelings of trust, safety, and wellbeing.

Opportunity—We are committed to providing services, resources and encouragement that equip students and families for better outcomes, new futures, new hope and dignity.

Compassion—Compassion means temporarily suspending judgment so that you can appreciate others' perspectives or situations when they are different from your own. To be compassionate you need to be genuinely concerned about the other person or people's needs.

Community—Respect for the rights, differences, and dignity of others. Honesty and integrity with all members of the community.

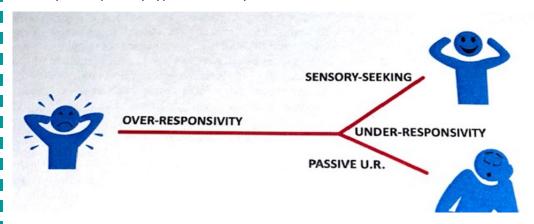
Accountability for personal behaviour

Email: bayside.sds@education.vic.gov.au

Web: www.baysidesds.vic.edu.au

# Multi-Sensory Therapy Report—Jo Robinson

October is International Sensory Processing Disorder (SPD) month. Sensory Modulation Disorder is one specific type of Sensory Processing Disorder (SPD). Sensory modulation refers specifically to the brain's ability to respond appropriately to the sensory environment and to remain at the appropriate level of arousal or alertness. There are actually three primary types of Sensory Modulation Disorder:



Over-Responsivity: An exaggerated response of the nervous system to sensory input. For example, people who get motion sick easily are over-responding to vestibular input (the sensation of movement). The nervous system goes into fight-or-flight mode even when no real danger exists. Over-Responders need calming forms of sensory input. Slow, rhythmic movements, deep pressure massage strokes to the muscles and joints, "heavy work" activities, peaceful music, dim or natural lighting, inhaling Essential Oils noted for their potential to calm and quiet preferred activities will all be helpful.

(Passive) Under-Responsivity: A lack of response, or insufficient response to the sensory environment. Sometimes these people appear to be daydreaming or unfocused on what is happening around them. They may also be uncoordinated and have difficulty with motor skills development. Passive Under-Responders need alerting forms of sensory input. Jumping, bouncing on a trampoline or on the spot, racing the clock, fast or multi-directional movement, spinning, blow toys, cold items, light "tickly" touch-light massage strokes such as effleurage, inhaling Essential Oils noted for their ability to invigorate and stimulate and dance music are examples of alerting sensory input.

Sensory-Seeking: The nervous system of the sensory-seeker needs intense input in order for the sensation to be registered properly in the brain. Therefore, the sensory-seeker craves intense sensations constantly. This is actually also due to underresponsivity but children who are sensory seekers are attempting to get the higher level of input they need whereas the Passive Under-Responders are not. Sensory Seekers also need the intense alerting forms of sensory input. This seems confusing at first but it makes sense when we realise that what they really need is help getting that higher level of input they are seeking. When that level is reached, helpful neurochemicals will be released and the student will seem "calmer" or more focused. Many of the same activities that are helpful for Passive Under-Responders will also be helpful for Seekers. The more thrill and excitement involved the better! Try to incorporate multiple sensory systems simultaneously such as listening to fast music while performing active body movements and exercises after inhaling an Essential Oil noted for their ability to invigorate and stimulate.





**SCHOOLS** 

#### NDIS AND STUDENT TRANSPORT

This fact sheet provides information about how the rollout of the National Disability Insurance Scheme (NDIS) will affect student transport arrangements at Victorian Government specialist schools.

#### **NDIS**

The NDIS is the new way of providing disability support for Australians with disability, their families and carers. The Scheme will provide all Australians under the age of 65 who have a permanent and significant disability with the reasonable and necessary supports they need to enjoy an ordinarily life.

#### IN-KIND STUDENT TRANSPORT

Student transport is in scope of the NDIS. In Victoria, this means the state will continue to fund and provide student transport assistance through the Students with Disabilities Transport Program (SDTP).

#### WHAT DOES THIS MEAN FOR STUDENTS?

During the NDIS rollout, nothing will change in the way transport is delivered for students attending specialist schools and receiving assistance under the SDTP.

Once a student meets the NDIS access requirements and has a plan, student transport will appear in their plan as an in-kind item. The National Disability Insurance Agency (NDIA) has advised that all Victorian students will see the same dollar amount in their plan for this item. Importantly, this amount does not reflect the actual value for the services the student is receiving and does not affect their other NDIS supports and services. Families do not need to pay anyone for the service, nor can they use the funds for a different transport provider.

#### WHAT DOES THIS MEAN FOR SCHOOLS?

As nothing is changing in the way student transport is delivered during the NDIS in kind period, nothing should change for specialist schools in regard to their SDTP bus and/or taxi service before 2024.

Unless modified by the Victorian Government, this includes the eligibility criteria for the SDTP: to access DET student transport support, all students must meet the SDTP eligibility criteria. If a NDIS participant does not meet these criteria, the family will need to talk to the NDIA about options to get to and from school.

If schools have any queries about their SDTP services, they can continue to contact the Student Transport Unit in DET (see contact details below).

Families, NDIS planners and/or Local Area Coordinators (LACs) may contact schools with queries about the in-kind student transport item in a student's plan. The information provided in this fact sheet may assist schools in responding to these queries. Alternatively, schools can direct families, planners and LACs to the NDIS website, particularly to the <a href="Student transport">Student transport</a> - in-kind supports | NDIS

#### STUDENT TRANSPORT IN THE LONGER TERM

The in-kind arrangements for student transport will stay in place in Victoria at least until the end of the 2023 school year. It is currently not determined how student transport will be delivered under the NDIS, however, DET will continue to work with the NDIA to sort through arrangements for the SDTP's transition. Schools will be informed of any developments in this work.

#### **CONTACT INFORMATION**

NDIS website: www.ndis.gov.au NDIA phone number: 1800 800 110

Student transport information on the DET website:

Students with Disabilities Transport Program (SDTP):Policy | education.vic.gov.au

**DET Student Transport email:** 

Student.transport@education.vic.gov.au

DET Student transport phone number:

03 7022 2247



# Carers Week Information Session



The Brotherhood of St. Laurence (BSL) recognises the important role carers play in the lives of their loved ones and our wider community.

In recognition of National Carers Week, BSL NDIS is hosting a free carer information session that will bring together a range of carer support services to discuss their programs and answer your questions-

This session is designed for local unpaid carers of people with disability, with mental illness or people who are ageing and need additional supports.

If you have any questions or queries about this event, please contact Stephanie Bryce on 0490940915 or stephanie.bryce@bsl.org.au.

#### Our panel will include representatives from:

#### **Carer Gateway**

Carer Gateway is an Australian Government initiative to help carers connect to services in their local area. It provides a single point of entry to have their needs assessed and be referred to supports in their region such as in-person counselling, coaching and peer support.

#### Little Dreamers

Little Dreamers supports young carers aged 4 to 25 who provide support for a family member affected by disability, chronic or mental illness, addiction, or frail age.

#### Ethnic Communities' Council of Victoria (ECCV)

ECCV has a program to help improve outcomes for carers from Culturally and Linguistically Diverse backgrounds.

Register your attendance

on Eventbrite

When RSVP

Wednesday, 19 October Zoom 12-30pm – 1-30pm





# Day Services

# **WE SEE POTENTIAL**



2023





St Mary's Day Services provide high quality programs and training. We strive to see growth, focus on building life skills and to see progress aiming at every participant's potential.









To register now: Please contact Helen: 9773 8234

helen@stmaryshealthservices.com.au 33 Hinkler Rd, Mordialloc





# Monday - Health and Wellbeing

- · Well being peace and relaxation, being calm, breathing exercises, positive thinking.
- · Nutrition healthy eating
- Exercise: Bush walks, Fit Class, yoga, circuit training, bike riding, swimming etc...

# Tuesday - Life Skills

- . Digital connection, computers, app, social platform, online safety etc.
- Basic Etiquette eg: manners, being polite, consideration of others feelings etc..
- Survival skills and Emergency preparation how to keep safe, what to do in an emergency, different scenarios, basic first aid etc...
- How to keep yourself safe can you make a phonecall, how/to who?

# Wednesday - Life Skills cont..

- Shop planning (meal choice, groceries list etc.)
- Numeracy Money management
- Literacy Writing/tracing
- Horticulture gardening herbs, planting, watering/ picking, eating, looking after plants.
- going to buy herbs/plants strawberries, mint, peas, tomatoes etc..

# Thursday - Social day/Recreation

- Social outing day
- morning tea/ Lunch out
- Travel training
- Visiting City via public transport
- Movie, bowling, gallery, museum, markets, parks, beach, farm, city highlights etc..

# Friday - Life Skills

- Cooking ( preparation and safety around the kitchen, using knives, oven, stove etc.)
- Going out to do supermarket shopping
- Setting table, plates, cutlery, glasses, jug of water etc...
- Sitting and enjoying a meal with friends using cutlery and table manners
- Cleaning (wiping tables, doing dishes, cleaning kitchen, empty bins etc..)

#### Day Program 2023

To place an expression of interest please contact Helen on 9773 8234 or helen@stmaryshealthservices.com.au Location: St Mary's Health Services 33 Hinkler Rd, Mordialloc, 3195.

Rates: Standard 1:2 \$238.37 per day



